

Group Therapy 101 for Adult Inpatient Rehabilitation

Marianne Connor, MS, CCC-SLP, Erica Joseffy, MS, CCC-SLP, Anne Schnepf, MS, CCC-SLP
Spaulding Rehabilitation Hospital, Boston, MA

	Group Level(s)	Attention	Memory	Reasoning	Verbal Exp	Written Exp	Auditory Comp	Reading Comp	Pragmatics
Key:									
● Goal area is definitely addressed									
● Goal area may be addressed									
ID problems in problem solving cards	Low	●		●	●	●	●		●
Orientation/Memory Book Review	Low	●	●		●	●	●	●	●
Practice social greetings	Low	●	●		●		●		●
Following directions - Simon says	Low	●	●		●		●		●
Orientation BINGO	Low	●	●		●		●	●	●
Go Fish	L/M	●	●	●	●		●		●
I'm going on a picnic and I'm going to bring...	L/M	●	●	●	●	●	●	●	●
Makes words from the letters in "rehabilitation"	Mid	●	●	●	●	●		●	●
Hangman	Mid	●	●	●	●	●	●	●	●
Crazy 8s	Mid	●	●	●			●		●
Creating/Recalling Shopping List	Mid	●	●	●	●	●	●	●	●
Guess Who? ®	Mid	●	●	●	●		●		●
Uno ®	Mid	●	●	●					●
Catch Phrase ®	Mid	●	●	●	●			●	●
Twenty Questions	M/H	●	●	●	●		●		●
Deduction Puzzles	M/H	●	●	●	●	●	●	●	●
Discuss current events in the newspaper	M/H	●	●		●		●	●	●
Plan a meal	M/H	●	●	●	●	●		●	●
Medication management activities	M/H	●	●	●	●	●	●	●	●
Sudoku	M/H	●	●	●	●	●	●	●	●
Plan a tour of the city	M/H	●	●	●	●	●	●	●	●
Bananagrams ®	M/H	●	●	●	●	●	●	●	●
Scattergories ®	M/H	●	●	●	●	●	●	●	●
Pro/Con debate	Hig	●	●	●	●		●		●
Taboo ®	Hig	●	●	●	●		●		●
Quiddler ®	Hig	●		●		●		●	●
SET Game ®	Hig	●	●	●	●		●		●
Watch News Clip/Education Video & Discuss	Hig	●	●	●	●		●		●
Scrabble ®	Hig	●	●	●	●	●		●	●
Word search	Any	●	●				●	●	●
Trivia game	Any	●	●	●	●	●	●	●	●
Memory/Concentration (card game)	Any	●	●	●			●		●
Newspaper scavenger hunt	Any	●	●	●	●	●	●	●	●
Barrier game (describe hidden object to others)	Any	●	●	●	●		●		●